

THIS WAY UP FOR RIGHT EYE –
horizontal (temporal) field of view
Hold 30cm away from eye



Look at
the 'X'

10

10

20

20

30

30

35

35

40

40

45

45

50

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THIS WAY UP FOR LEFT EYE –
horizontal (temporal) field of view
Hold 30cm away from eye

**RIGHT & LEFT EYE – lower
(inferior) field of view
Hold 30cm away from eye**

X
Look at
the 'X'

10

20

30

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45

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